



EXHIBITION ARCHIVE

NATHALIA KOUX

PLURIDISCIPLINARY ARTIST

2024

STATEMENT



Koux is a 24-year-old Swiss-Danish multimedia artist with Ukrainian origins, who engages with Corporality and Nature as a starting point to explore the body, the skin, psyche, pain, and the organic. The spine is a recurrent element in her works, as a paradoxical symbol of strength and vulnerability, inspired by her fascination for organic shapes, but also the *Mavka*, a Ukrainian mythological figure that wanders with her back open. Influenced by her degree in psychology, she seeks to create an interactive, intimate and reflective space for her audience. Nathalia explores every possible medium, material and technique such as installation, sculpture, performance, sound/video art, painting and printmaking. She primarily integrates repurposed, discarded items, and organic components into her works, giving these elements new signification. Recently, she has been experimenting and researching innovative sustainable techniques with natural and non-toxic material for casting, as well as Scooby and Mycelium growth. This ethos extends to her incorporation of organic or partially-organic elements in her mediums, reflecting her profound connection to nature.



Exhibition statement

Psychosomatic Phenomenon

Corporeality, the state of existing as a physical body, is deeply influenced by a combination of biological inheritance and cultural socialization. This dual influence fosters the development of both psychological and physical selves, shaping them into embodied identities. "Psychosomatic Phenomenon" invites audiences to explore the intricate relationships between mind and body, revealing how deeply biological inheritance and cultural socialization influence corporeal perception and identity formation. From early childhood, individuals observe and unconsciously replicate adult behaviors and emotional coping strategies, profoundly shaping their understanding of and relationship to their minds, bodies, and somatic experiences. These early imitations serve as a blueprint for future responses to both physical and psychological distress. These formative experiences lay the groundwork for our responses to life's challenges, embedding learned behaviors and societal norms that shape our bodily functions, such as the relation to sexuality and pain management. The exhibition explores the profound meanings generated through the body's internal dialogue, which appears during the shift in consciousness throughout developmental stages.

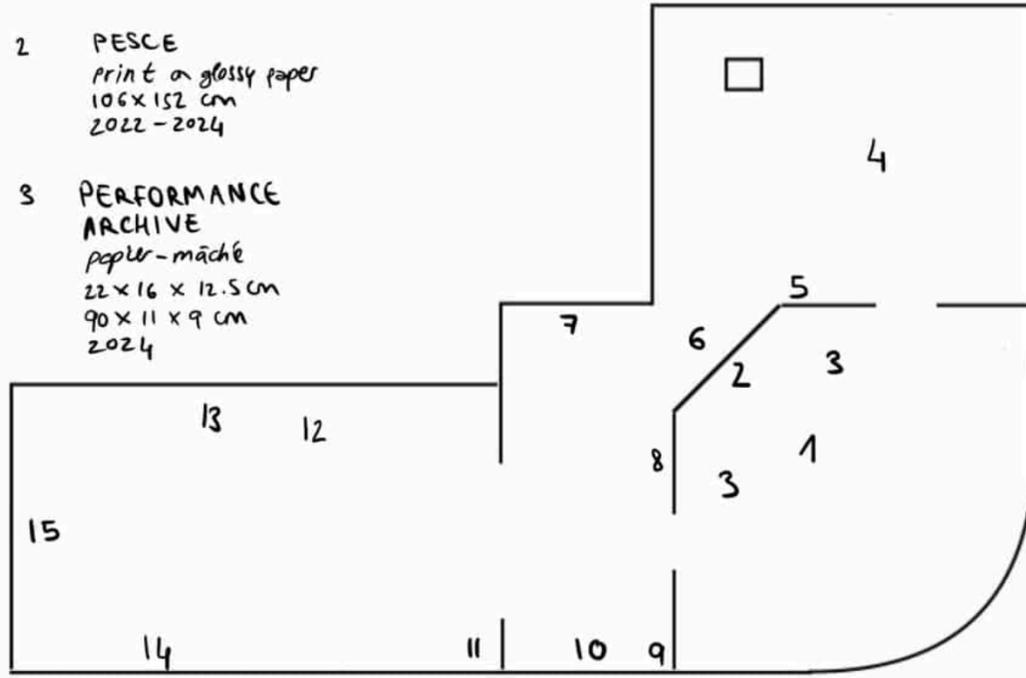
This dialogue is characterized by a "functional deformation" in body image representation, as termed by E. Neizvestnyi, highlighting changes in how body parts are perceived and valued. Moreover, psychosomatic distress can emerge from dysfunctional corporeal socialization and emotional deprivation, potentially leading to delayed or distorted body representations and psychological suffering. The exhibition underscores the critical role of shared emotional experiences, such as joy, surprise, and anxiety, in fostering normal psychosomatic development. "Psychosomatic Phenomenon" features artworks, interactive installations, and performances that traverse a landscape of corporeal and emotional experiences. It invites visitors to engage with and reflect upon their own corporeality and the social constructs that shape it, shedding light on the profound interconnectedness of our psychological and physiological perception. This exploration not only illuminates the complex dynamics of the mind-body connection but also encourages a deeper understanding of the cultural body—a construct influenced by norms, taboos, and training that ultimately forms an inner regulating system. Through this exhibition, the audience is encouraged to contemplate the continuous co-evolution of bodily functions and psychological events, which together weave the fabric of human experience.

Floor plan

1 VERTEBRA
papier-mâché
97 x 147 x 50 cm
2024

2 PESCE
print on glossy paper
106 x 152 cm
2022-2024

3 PERFORMANCE
ARCHIVE
papier-mâché
22 x 16 x 12.5 cm
90 x 11 x 9 cm
2024



4 PEEL MY SKIN
Video documentation
with poetry
2023-2024

5 OPPRESSION
Gouache on Rock
8 x 11 cm
2023

6 STRANGLER
Orange peels and paint
spray
32 x 22 cm
2024

7 ARCHIVE OF PAIN
Sound piece, notebook, pen
2024

8 I WILL TREAT YOU
WELL
Bronx
30 x 18 cm
7 x 14 cm
2024

9 CATCH ME IF YOU CAN
ISOMALT, seaweed
9 x 2 x 2 cm
2024

10 SKIN
Scoby
43 x 26 cm
2024

11 PRETTY
Wire, fish cane, sand,
Seashells, papier-mâché
14 x 55 x 10 cm
2024

12 I AM HERE
Isomalt, seaweed
10 x 64 x 31 cm
2024

13 SEE THROUGH
THE SEA
Isomalt, seaweed
8 x 40 x 26 cm
2024

14 APHRODISIAQUE
Isomalt, plaster
20 x 10 x 5 cm
2024

15 THIS IS NOT ABOUT
THE FISH
Acrylic on canvas
142 x 212 cm
2024





MASK/Performance archive
Papier-mâché, acrylic, thread
22x16x12.5cm
2024



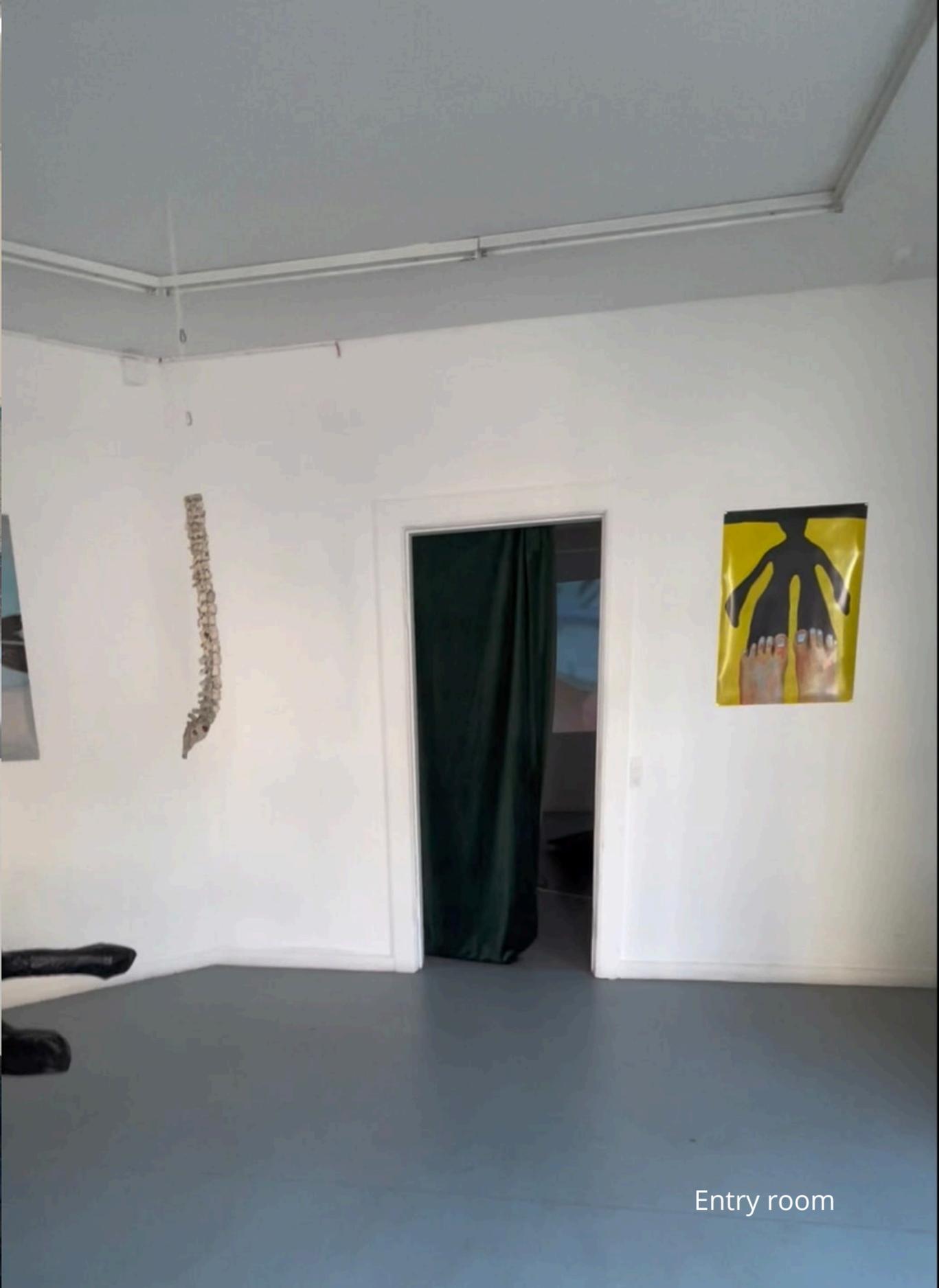
PESCE
Print on glossy paper
152x106cm
2022-2024



VERTEBRA
*Papier-mâché & water
based spray paint*
147x97x50cm
2024



SPINE/Performance archive
Papier-mâché, metal, avocado peels
90x11x9cm
2024



Entry room

SKIN

Scooby (bacteria), olive oil

43x26

2024





Close up image

CATCH ME IF YOU CAN
Isomalt, seaweed, fish can
9x2x2cm
2024



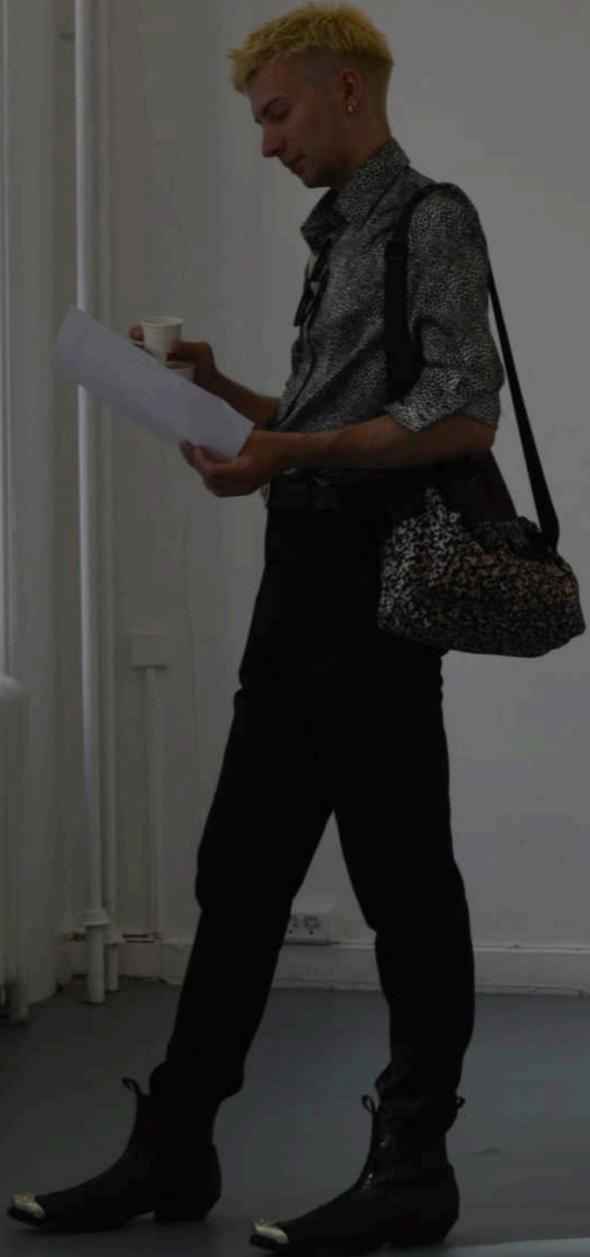


Close up image



Images from the exhibition

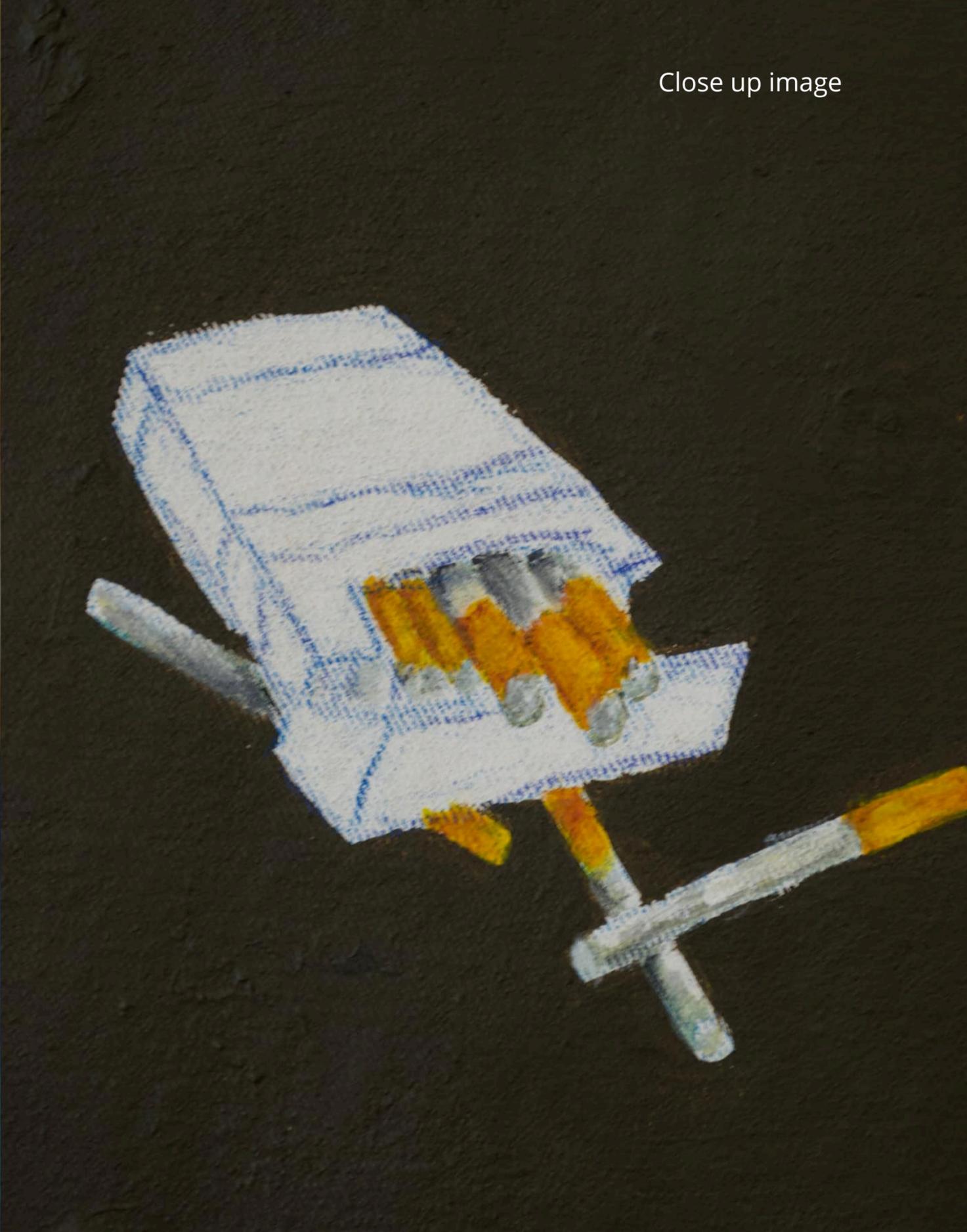
THIS IS NOT ABOUT THE FISH
Acrylic on Canva
142x212cm
2024







Close up images



Close up image



Close up image

SEE THROUGH THE SEA
Isomalt & seaweed
8x40x26cm
2024





Close up images

I AM HERE
Isomalt & seaweed
10x64x31cm
2024





Close up

PRETTY

Metal, fish can, sand, seashells, papier-mâché, gouache

14x55x10cm

2024





Close up

APHRODISIAQUE
Isomalt & plaster
20x10x5cm
2024



- PAIN

E AT A TIME
E A SIT

ECT YOUR EARPHONES
OUR PHONE AND ENTER
NTIMATE SPACE

MIN



Image from the exhibition

ARCHIVE OF PAIN

Sound piece,
notebook, pen,
chair, paint
2024

ARCHIVE OF PAIN



ONE AT A TIME
TAKE A SIT

CONNECT YOUR EARPHONES
TO YOUR PHONE AND ENTER
AN INTIMATE SPACE
4.16 MIN

SCAN ME



Archive of pain

Nathalia Koux



This audio experience becomes accessible by scanning the QR code, guiding the listener through an intimate, almost therapeutic dialogue. The listener is invited to write, draw, and reflect, engaging deeply with personal memories, inner emotions and physical sensations.



TAKE A SIT
CONNECT YOUR EARPHON
TO YOUR PHONE AND ENT
AN INTIMATE SPACE
4.16 MIN

SCAN ME



SCAN ME



SCAN ME



Images from the sound piece installation

SCAN ME

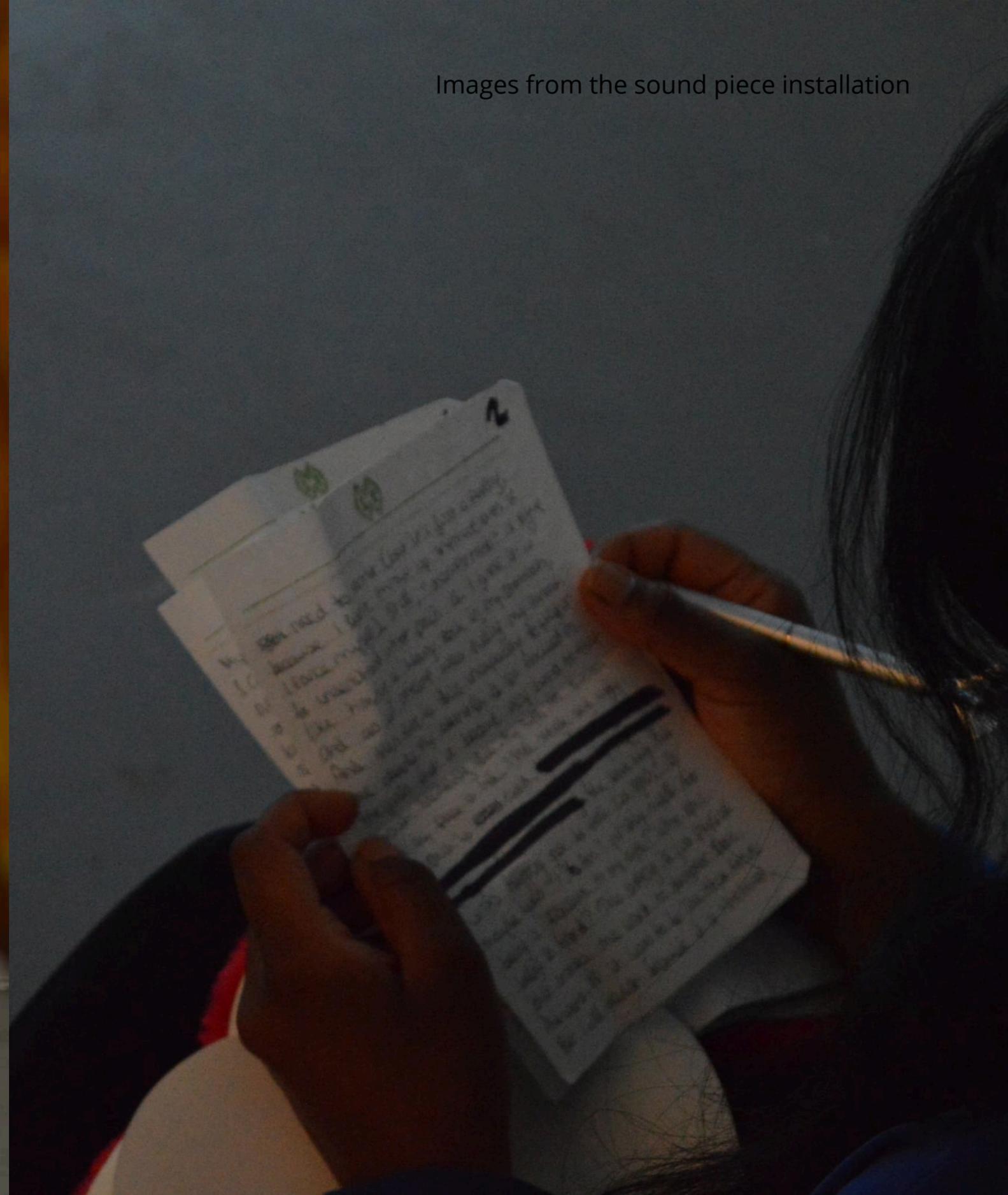


Images from the sound piece installation





Images from the sound piece installation



Skin within
Skin without
I feel seen
Without doubt
You don't know me
I am wrecked
I'm alive
Sometimes dead

I don't know
when I laughed
so hard but
I know it was
always with my
sister

and they told
me it was
nothing



rust
N
Henderson

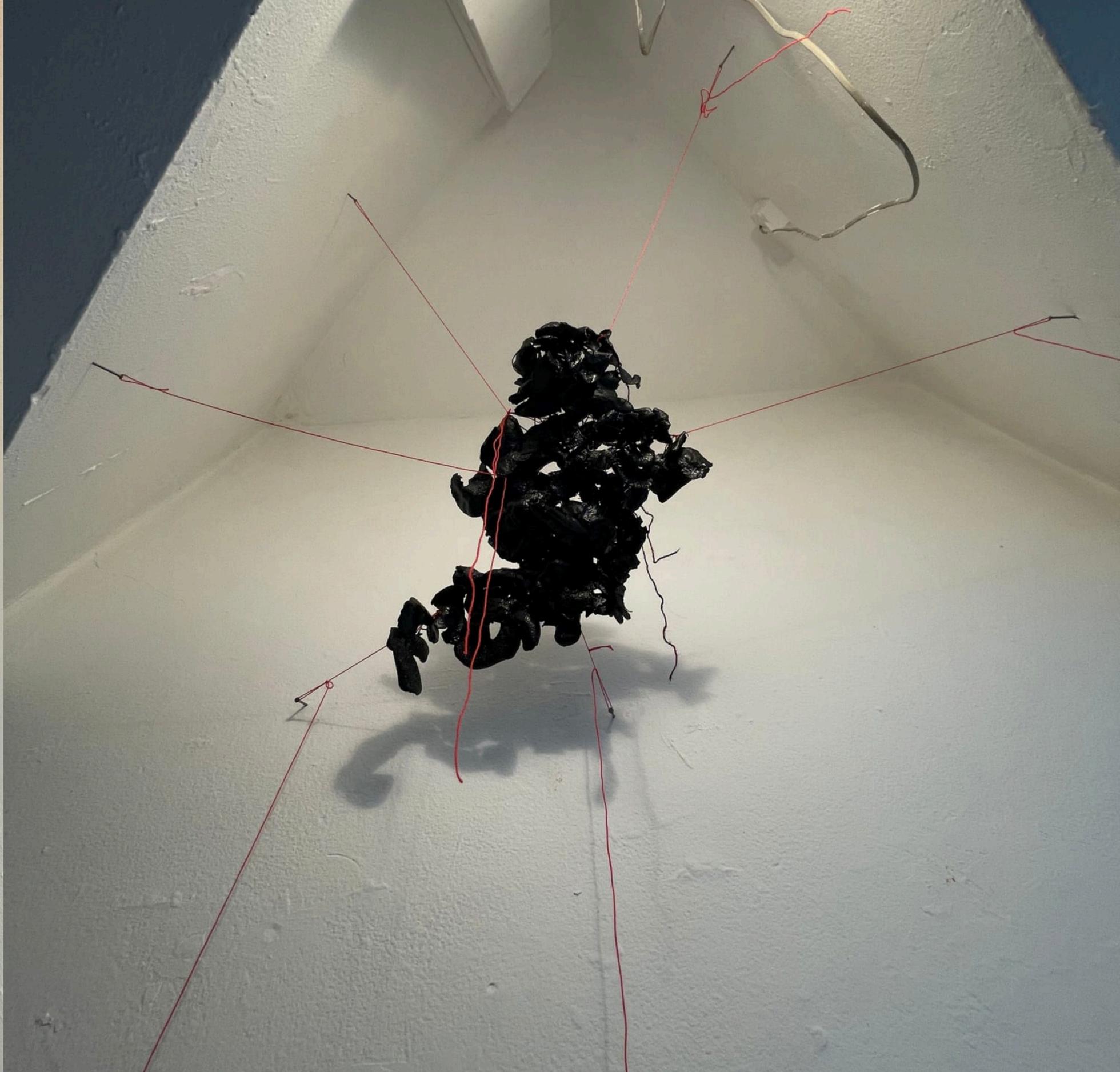
I will treat you well
Bronx
30x18x18cm
2024





Close up images

STRANGLED
Orange peels, water based paint spray
32x22cm
2024



Oppression
Gouach on rock
8x11x11 cm
2023



PEEL MY SKIN

Film

12'20"

2023-2024

This film, also showcased at the Charlottenborg Museum in Copenhagen, offers a poetic exploration of reconstruction after destruction. It delves into themes of identity and corporeality, weaving together imagery from a durational performance.



PEEL MY SKIN

120 oranges, read thread, needle, scissors, bowls

Performance 420' (7hrs)

Roma, IT

2023



Images from the film

PSYCHOSOMATIC PHENOMENON
Performance & music 30'
Rocks, papier-mâché spine and mask
Galleri Q, København, DK
2024





Images from the performance